

Al-Ma'thurat

(A collection of dua's compiled by Imam Hasan al-Banna for daily reading)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ - الرَّحْمَنُ الرَّحِيمُ - مَلِكُ يَوْمِ الدِّينِ - إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ - اهْدِنَا الصِّرَاطَ
الْمُسْتَقِيمَ - صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

1. Bismi Allahi alrrahmani alrraheem
2. Alhamdu lillahi rabbi alAAalameena
3. Alrrahmani alrraheemi
4. Maliki yawmi alddeeni
5. Iyyaka naAAabudu wa-iiyaka nastaAAeenu
6. Ihdina alssirata almustaqeema
7. Sirata allatheena anAAamta AAalayhim
ghayri almaghdoobi AAalayhim wala
alddalleena

1. In the name of Allah, Most Gracious, Most Merciful.
2. Praise be to Allah, the Cherisher and Sustainer of the worlds;
3. Most Gracious, Most Merciful;
4. Master of the Day of Judgment.
5. Thee do we worship, and Thine aid we seek.
6. Show us the straight way,
7. The way of those on whom Thou hast bestowed Thy Grace, those whose (portion) is not wrath, and who go not astray.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الم - ذَلِكَ الْكِتَابُ لَا رَيْبَ فِيهِ هُدًى لِّلْمُتَّقِينَ - الَّذِينَ يُؤْمِنُونَ بِالْغَيْبِ وَيُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ
- وَالَّذِينَ يُؤْمِنُونَ بِمَا أُنزِلَ إِلَيْكَ وَمَا أُنزِلَ مِن قَبْلِكَ وَيَآخِرَةَ هُمْ يُوقِنُونَ - أُولَئِكَ عَلَى هُدًى مِّن رَّبِّهِمْ
وَأُولَئِكَ هُمُ الْمُقْلِحُونَ

1. Alif-lam-meem
2. Thalika alkitabu la rayba feehi hudan
lilmuttaqeeena
3. Allatheena yu/minoona bialghaybi
wayuqeemoona alssalata wamimma
razaqnahum yunfiqoona
4. Waallatheena yu/minoona bima onzila
ilayka wama onzila min qablika wabial-akhirati
hum yooqinoona
5. Ola-ika AAala hudan min rabbihim waola-
ika humu almuflihoona

1. A.L.M.
2. This is the Book; in it is guidance sure, without doubt, to those who fear Allah.
3. Who believe in the Unseen, are steadfast in prayer, and spend out of what We have provided for them;
4. And who believe in the Revelation sent to thee, and sent before thy time, and (in their hearts) have the assurance of the Hereafter.
5. They are on (true) guidance, from their Lord, and it is these who will prosper.

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ - لَا إِكْرَاهَ فِي الدِّينِ قَدْ تَبَيَّنَ الرُّشْدُ مِنَ الْغَيِّ فَمَنْ يَكْفُرْ بِالطَّغُوتِ وَيُؤْمِنَ بِاللَّهِ فَقَدِ اسْتَمْسَكَ بِالْعُرْوَةِ الْوُثْقَىٰ لَا انفِصَامَ لَهَا وَاللَّهُ سَمِيعٌ عَلِيمٌ - اللَّهُ وَلِيُّ الَّذِينَ آمَنُوا يُخْرِجُهُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ وَالَّذِينَ كَفَرُوا أَوْلِيَاؤُهُمُ الطَّغُوتُ يُخْرِجُونَهُم مِّنَ النُّورِ إِلَى الظُّلُمَاتِ أُولَٰئِكَ أَصْحَابُ النَّارِ هُمْ فِيهَا خَالِدُونَ

255. Allahu la ilaha illa huwa alhayyu alqayyoomu
 la ta/khuthuhu sinatun wala nawmun lahu ma fee
 alssamawati wama fee al-ardi man tha allathee
 yashfaAAu AAindahu illa bi-ithnihi yaAAalamu ma
 bayna aydeehim wama khalfahum wala yuheetoona
 bishay-in min AAilmihill illa bima shaa wasiAAa
 kursiyyuhu alssamawati waal-arda wala yaooduhu
 hifthuhuma wahuwa alAAaliyyu alAAatheemu
 256. La ikraha fee alddeeni qad tabayyana
 alrrushdu mina alghayyi faman yakfur bialttaghooti
 wayu/min biAllahi faqadi istamsaka bialAAurwati
 alwuthqa la infisama laha waAllahu sameeAAun
 AAaleemun
 257. Allahu waliyyu allatheena amanoo
 yukhrijuhum mina alththulumati ila alnnoori
 waallatheena kafaroo awliyaohumu alttaghootu
 yukhrijoonahum mina alnnoori ila alththulumati
 ola-ika as-habu alnnari hum feeha khalidoona

255. Allah. There is no god but He,-the Living, the Self-
 subsisting, Eternal. No slumber can seize Him nor sleep. His
 are all things in the heavens and on earth. Who is there can
 intercede in His presence except as He permitteth? He knoweth
 what (appeareth to His creatures as) before or after or behind
 them. Nor shall they compass aught of His knowledge except
 as He willeth. His Throne doth extend over the heavens and the
 earth, and He feeleth no fatigue in guarding and preserving
 them for He is the Most High, the Supreme (in glory).
 256. Let there be no compulsion in religion: Truth stands out
 clear from Error: whoever rejects evil and believes in Allah
 hath grasped the most trustworthy hand-hold, that never breaks.
 And Allah heareth and knoweth all things.
 257. Allah is the Protector of those who have faith: from the
 depths of darkness He will lead them forth into light. Of those
 who reject faith the patrons are the evil ones: from light they
 will lead them forth into the depths of darkness. They will be
 companions of the fire, to dwell therein (For ever).

لَلّٰهِ مَا فِي السَّمٰوٰتِ وَمَا فِي الْاَرْضِ وَاِنْ تُبْدُوْا مَا فِيْ اَنْفُسِكُمْ اَوْ تُخْفُوْهُ يُحٰسِبِكُمْ بِهٖ اللّٰهُ فَيَغْفِرُ لِمَنْ يَّشَآءُ وَيُعَذِّبُ مَنْ يَّشَآءُ وَاللّٰهُ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ - ءَاَمَنَ الرَّسُوْلُ بِمَا اَنْزَلَ اِلَيْهِ مِنْ رَّبِّهِ وَالْمُؤْمِنُوْنَ كُلٌّ ءَاَمَنَ بِاللّٰهِ وَمَلٰئِكَتِهٖ وَكُتُبِهٖ وَرُسُلِهٖ لَا نُفَرِّقُ بَيْنَ اَحَدٍ مِّنْ رُّسُلِهٖ وَقَالُوْا سَمِعْنَا وَاَطَعْنَا غُفْرٰنَكَ رَبَّنَا وَاِلَيْكَ الْمَصِيْرُ - لَا يُكَلِّفُ اللّٰهُ نَفْسًا اِلَّا وُسْعَهَا لَهَا مَا كَسَبَتْ وَعَلَيْهَا مَا اَكْتَسَبَتْ رَبَّنَا لَا تُؤَاخِذْنَا اِنْ نَسِيْنَا اَوْ اَخْطَاْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا اِصْرًا كَمَا حَمَلْتَهُ عَلٰى الَّذِيْنَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهٖ وَاعْفُ عَنَّا وَاغْفِرْ لَنَا وَارْحَمْنَا اَنْتَ مَوْلٰنَا فَانصُرْنَا عَلٰى الْقَوْمِ الْكٰفِرِيْنَ

284. Lillahi ma fee alssamawati wama fee al-ardi wa-in tubdoo ma fee anfusikum aw tukhfoohu yuhasibkum bihi Allahu fayaghfiru liman yashao wayuAAaththibu man yashao waAllahu AAala kulli shay-in qadeerun

285. Amana alrrasoolu bima onzila ilayhi min rabbihi waalmu/minoona kullun amana biAllahi wamala-ikatihī waktubihī warusulihī la nufarriqu bayna ahadin min rusulihī waqaloo samiAAana waataAAana ghufuranaka rabbana wa-ilayka almaseeru

286. La yukallifu Allahu nafsana illa wusAAaha laha ma kasabat waAAalayha ma iktasabat rabbana la tu-akhithna in naseena aw akhta/na rabbana wala tahmil AAalayna isran kama hamaltahu AAala allatheena min qablina rabbana wala tuhammilna ma la taqata lana bihi waoAAafu AAanna waighfir lana wairhamna anta mawlana faonsurna AAala alqawmi alkafireena

284. To Allah belongeth all that is in the heavens and on earth. Whether ye show what is in your minds or conceal it, Allah Calleth you to account for it. He forgiveth whom He pleaseth, and punisheth whom He pleaseth, for Allah hath power over all things.

285. The Messenger believeth in what hath been revealed to him from his Lord, as do the men of faith. Each one (of them) believeth in Allah, His angels, His books, and His apostles. "We make no distinction (they say) between one and another of His apostles." And they say: "We hear, and we obey: (We seek) Thy forgiveness, our Lord, and to Thee is the end of all journeys."

286. On no soul doth Allah Place a burden greater than it can bear. It gets every good that it earns, and it suffers every ill that it earns. (Pray:) "Our Lord! Condemn us not if we forget or fall into error; our Lord! Lay not on us a burden Like that which Thou didst lay on those before us; Our Lord! Lay not on us a burden greater than we have strength to bear. Blot out our sins, and grant us forgiveness. Have mercy on us. Thou art our Protector; Help us against those who stand against faith."

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ هُوَ اللّٰهُ اَحَدٌ - اللّٰهُ الصَّمَدُ - لَمْ يَلِدْ وَلَمْ يُولَدْ - وَلَمْ يَكُنْ لَهٗ كُفُوًا اَحَدٌ

Bismi Allahi alrrahmani alrraheem

1. Qul huwa Allahu ahadun
2. Allahu alssamadu
3. Lam yalid walam yooladu
4. Walam yakun lahu kufuwan ahadun

1. Say: He is Allah, the One and Only;
2. Allah, the Eternal, Absolute;
3. He begetteth not, nor is He begotten;
4. And there is none like unto Him.

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ - مِنْ شَرِّ مَا خَلَقَ - وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ - وَمِنْ شَرِّ النَّفّٰثِ فِي الْعُقَدِ - وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ

Bismi Allahi alrrahmani alrraheem

1. Qul aAAoothu birabbi alfalaqi
2. Min sharri ma khalaqa
3. Wamin sharri ghasiqin itha waqaba
4. Wamin sharri alnaffathati fee alAAuqadi
5. Wamin sharri hasidin itha hasada

1. Say: I seek refuge with the Lord of the Dawn
2. From the mischief of created things;
3. From the mischief of Darkness as it overspreads;
4. From the mischief of those who practise secret arts;
5. And from the mischief of the envious one as he practises envy.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ النَّاسِ - مَلِكِ النَّاسِ - إِلَهِ النَّاسِ - مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ - الَّذِي
يُوسَّوِسُ فِي صُدُورِ النَّاسِ - مِنَ الْجِنَّةِ وَالنَّاسِ

Bismi Allahi alrrahmani alrraheem

1. Qul aAAoothu birabbi alnnasi
2. Maliki alnnasi
3. Ilahi alnnasi
4. Min sharri alwaswasi alkhattansi
5. Allathee yuwaswisu fee sudoori alnnasi
6. Mina aljinnati waalnnasi

1. Say: I seek refuge with the Lord and Cherisher of Mankind,
2. The King (or Ruler) of Mankind,
3. The Allah (for judge) of Mankind,-
4. From the mischief of the Whisperer (of Evil), who withdraws (after his whisper),-
5. (The same) who whispers into the hearts of Mankind,-
6. Among Jinns and among men.

أَصْبَحْنَا (أَمْسَيْنَا) وَأَصْبَحَ (أَمْسَى) الْمَلِكُ اللَّهُ وَالْحَمْدُ لِلَّهِ لَا شَرِيكَ لَهُ لَا إِلَهَ إِلَّا هُوَ وَإِلَيْهِ النُّشُورُ (المصير)
Asbahna (Amsaina) wa asbaha (amsa) al-mulku lilah, walhamdulillah, la sharika lah, la illaaha
ila huwa wa ilih-nushur (ilihi-lmasir).

We have risen this morning (evening) and sovereignty is all Allah's. Praise is due to Allah alone, He has no partner, there is no God but Him, unto whom is the return.

أَصْبَحْنَا (أَمْسَيْنَا) عَلَى فِطْرَةِ الْإِسْلَامِ وَكَلِمَةِ الْإِخْلَاصِ، وَ عَلَى بَيْنِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَ عَلَى مِلَّةِ
أَبِينَا إِبْرَاهِيمَ حَنِيفًا وَ مَا كَانَ مِنَ الْمُشْرِكِينَ.

Asbahnaa (Amsaynaa) 'alaa fitratil-Islaam, wa kalimatil-ikhlaas, wa deni nabiyina
Muhammadin sallalahu 'alayhi wa sallam, wa ala millati abeena Ibraaheema haneefan wa maa
kaana minal-mushrikeen.

We have risen this morning (evening) on the innate nature of Islam, on the world of sincerity, and on the deen (way of life) of our Prophet Muhammad (peace be upon him) and on the deen of our forefather Ibrahim who was a Muslim of true faith and was not an idolater.

اللَّهُمَّ إِنِّي أَصْبَحْتُ (أَمْسَيْتُ) مِنْكَ فِي نِعْمَةٍ وَعَافِيَةٍ وَسِئْرٍ فَاتِمِّمْ نِعْمَتَكَ عَلَيَّ وَعَافِيَتَكَ وَسِئْرَكَ فِي
الدُّنْيَا وَالْآخِرَةِ

Allaahuma ini asbahtu (amsaitu) minka fi ni'matin wa 'afiatin wa sitr, fa atima ni'mataka 'alaya
wa 'afiatak wa sitraka fi-dunya wal-akhira.

O Allah! I rise up in the morning with the blessing, strength, and protection, all of which you have bestowed upon me. Complete your blessing, the strength (you bestowed upon me) and your protection, in this life and the hereafter.

اللَّهُمَّ مَا أَصْبَحَ (أَمْسَى) بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ فَلكَ الْحَمْدُ وَلَكَ الشُّكْرُ
Allaahumma maa asbaha (amsaa) bee min ni'matin, aw bi ahadin min khalqika fa minka
wahdaka la shareeka lak falakalhamdu wa laka-sukur.

Oh Allah, whatever grace has been my share this morning (evening) or the share of any of Your creation is from You alone, without partner, so for You is all praise and unto You all thanks.

يَا رَبِّي لَكَ الْحَمْدُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ وَعَظِيمِ سُلْطَاتِكَ

Ya rabbi laka-alhamdul kama yanbaghi lijalali wajhika wa 'athimi sultanik.

O my Lord! All praise is due to you as is befitting to your glorious presence and your great sovereignty.

رَضِيْتُ بِاللهِ رَبًّا وَبِالإِسْلَامِ دِينًا وَبِمُحَمَّدٍ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا وَرَسُولًا

Raditu billahi raba, wa bilislaami dina, wa benabiyena sallalaahu 'alayhi wa sallam nabian wa rasulla.

I have accepted Allah as a Lord, Islam as a way of life, and Muhammad (peace be upon him) as a prophet of Allah.

سُبْحَانَ اللهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

Subhana-allahi wa bihamdih, 'adada khalqih, wa rida nafsih, wa zinata 'arshih, wa midada kalimatih.

How Perfect and Exalted Allah is and I praise Him by the number of His creation, and the pleasure of His Self, and by the weight of His Throne, and the ink to record His words and signs.

بِسْمِ اللهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismi-illaahi alathi la yaduru ma' ismihi shai'un fi-ilardi wala fi-isamai' wa huwa-sami'u al-alim.

In the name of Allah, with whose name nothing on earth nor in the heavens harms, and He is All-Hearing, All-Knowing.

اللَّهُمَّ إِنَّا نَعُوذُ بِكَ مِنْ أَنْ نُشْرِكَ بِكَ شَيْئًا نَعْلَمُهُ وَنَسْتَغْفِرُكَ لِمَا لَا نَعْلَمُهُ

Allahuma ina 'authu bika min an nshrika bika shai'an na'lamuh, wa-nastaghfiruka lima la na'lamuh.

O Allah! We seek refuge in You from associating anything other with you while we know it, and we seek repentance for associating something other with you while we don't know it.

أَعُوذُ بِكَلِمَاتِ اللهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

A'uthu bi-kalimati illaahi-itamati min shari ma khalaq.

I seek refuge in Allah's perfect words from the evil of His creation.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ وَأَعُوذُ بِكَ مِنَ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

Allaahuma ini a'uthu bika min al-hami wal-hazan, wa a'uthu bika min al-'ajz wal kasal, wa a'uthu bika min al-jubni wal-bukhl, wa a'uthu bika min ghalabati-ddayni wa qahri-rrijal.

O Allah! I seek refuge in You from sorrow and sadness, and I seek refuge in You from unability and laziness, and I seek refuge in You from cowardliness and miserliness, and I seek refuge in You from the harshness of debt and the overpower of men.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ لَا إِلَهَ إِلَّا أَنْتَ
Allaahuma ini a'uthu bika min-alkufri walfaqr, wa a'uthu bika min 'athabi-lfaqr, la ilaaha ila ant.

O Allah, I seek refuge in You from disbelief and poverty, and I seek refuge in You from the punishment of the grave, there is no God but You.

اللَّهُمَّ عَافِنِي فِي بَدَنِي اللَّهُمَّ عَافِنِي فِي سَمْعِي اللَّهُمَّ عَافِنِي فِي بَصَرِي لَا إِلَهَ إِلَّا أَنْتَ
Allaahuma 'afini fi badani, allaahuma 'afini fi sam'i, allaahuma 'afini fi basari, la ilaha ila ant.
O Allah, grant me safety and health in my body. O Allah, grant me safety and health in my hearing. O Allah, grant me safety and health in my sight, there is no God besides You.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعَدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ
Allaahuma anta rabi, la ilaaha ila ant, khalaqtani wa ana 'abduk, wa ana 'ala 'ahdika wa wa'dika ma-stata't, a'uthu bika min shari ma sara't, abu'u laka bin'matika 'alaya wa abu'u bi-thambi fa-ighfirli fa-inahu la yaghfiru-thunuba ila ant.

O Allah! You are my Lord, there is no god but You. You created me and I am your slave, I uphold your pledge and evil that I have committed. I acknowledge your blessing upon me and I acknowledge my sin. So forgive me, for none can forgive sins except you.

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ
Astaghfiru-llaha-al 'athim allathi la illaha ila huwa al-haya al-qayuma wa atoubu ililh.
I seek forgiveness from Allah, none has the right to be worshiped except Him, the Living, the Eternal, and I repent to Him.

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ
Subhanaka allahuma wa be-hamdika, ash-hadu ana la ilaha ila ant, astaghfiruka wa atoubu ilik.
Glory and all praise be to you O Allah! I testify that there is no god but You. I seek your forgiveness and to you I repent.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ عَبْدِكَ وَنَبِيِّكَ وَرَسُولِكَ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ
Allaahuma salii 'ala sayidena Muhammad abdika wa-nabiyika wa rasulika a-nabi ill-ummi, wa 'ala alihi wa sahabi wa salim.
O Allah! Exalt and have mercy on Muhammad (peace and blessings upon him), your servant, your Prophet, and your Messenger, and upon his family and companions, and grant them peace.